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*Welcome to the 8th issue of **InfiniSynechis**, a publication of Fearless Hearts Foundation*

Foundation News

All Foundation News and Updates can be found on the foundation website

Conscious Living

— Cultivating Awareness

Awareness means the state of being aware, the knowledge or perception of a situation.

One cultivates awareness simply by paying attention to the totality of the situation.

For example, when you are eating, you are aware of the whole environment where it is happening, what you are having, the taste of the food, the people you are with.

It is tool to appreciate the present moment where the past and the future

converge.

The past is gone, the future is yet to be. Now is when you can act, but action does not have to be a reflex action, dictated by your memory of the past.

For action to be meaningful, it has to be intentional, purposeful and above all else, peaceful. This is inspired action.

Inspired action is the reward in itself. The characteristics of inspired action are the sense of peace and non-attachment to the results.



"The greatest politeness is free of all formality,
perfect conduct is free of concern,
perfect wisdom is unplanned,
perfect love is without demonstrations,
perfect sincerity offers no guarantee."

from:

The way of Chuang Tzu by Thomas Merton

www.fearlessheartsfoundation.org

Inspiration:

"Whatever you can do or dream you can, begin it. Boldness has genius, power, and magic in it. " ~Johann Wolfgang von Goethe

Johann Wolfgang von Goethe, was born on August 28, 1749, in Frankfurt am Main [Germany]. Goethe was a German poet, playwright, novelist, scientist, statesman, theatre director, critic, and amateur artist, and was considered the greatest German literary figure of the modern era.

He died on March 22, 1832, in Weimar, Saxe-Weimar [Germany].

More information about Goethe can be found [here](#).

Father Thomas Merton was an american Trappist monk, writer, poet, theologian, social activist and scholar. He was born in Prades, Pyrénées-Orientales, France, on January 31, 1915. In the course of his life, he was a prolific writer.

He died on December 10. 1968, in Samut Prakan, Thailand.

More information about Fr. Thomas Merton can be found [here](#) and [here](#)

Philanthropy

Money is like love; it kills slowly and painfully the one who withholds it, and enlivens the other who turns it on his fellow man. – Kahlil Gibran

Notable Philanthropists:

Ted Turner, founder of CNN. In 1998, he gifted the United Nations with \$1.0 Billion, to be disbursed for ten years. At the time of his giving, the gift was one third of his fortune. He maintains a family trust devoted to conservation.

Peter and Patricia Gruber funded the Gruber Foundation administered by Yale University <https://gruber.yale.edu/foundation>

Business Insights*

Some Quotes About Wealth

“Happiness resides not in possessions, and not in gold, happiness dwells in the soul.” And, “By desiring little, a poor man makes himself rich.” — Democritus, pre-Socratic philosopher (circa 460 B.C. to circa 370 B.C.)

Wealth is like sea-water; the more we drink, the thirstier we become; and the same is true of fame. —Arthur Schopenhauer

Many people take no care of their money till they come nearly to the end of it, and others do just the same with their time. — Johann Wolfgang von Goethe

That man is richest whose pleasures are cheapest. — Henry David Thoreau

It's good to have money and the things that money can buy, but it's good, too, to check up once in a while and make sure that you haven't lost the things that money can't buy. —George Lorimer

Wealth after all is a relative thing since he that has little and wants less is richer than he that has much and wants more. —Charles Caleb Colton

Business Ideas : Starting a Small Business

75 Ideas for Businesses You Can Launch for Cheap or Free
<https://www.entrepreneur.com/article/292277>

Business Acquisitions/Business For Sale

** 112 Year-Old Vintage US Corporation
Interested Parties Call: +1-310-415-3545
<https://corb7.com/>*

*Learning about Swiss Trusts
Business Loan to US Citizens For Expanding an Ongoing Business*

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